



PEDAL FOR A CAUSE AT TOUR DE BRISBANE

STORY **ALYSSA MACKAY**

Thousands of cyclists are preparing to pedal through Brisbane this month for the fifth annual Tour de Brisbane.

Sponsored by Transurban, the charity ride aims to raise funds for transplant research supported by The Common Good, an initiative of The Prince Charles Hospital Foundation.

Race director Mike Crawley said Brisbane was fast becoming well-known as Australia's cycling capital. "With considerable investment in cycling infrastructure and a dedicated local cycling cohort, it is exciting to see this event complement the future growth of the sport in Queensland," Mr Crawley said.

The Tour de Brisbane will take participants through landmarks such as the Story Bridge, Inner CBD, Centenary Motorway, Kingsford Smith Drive and Mount Coot-Tha. Riders can choose between a 50-kilometre short ride, an 80-kilometre medium ride or a 100-kilometre long ride. For the first time this year, the Tour de Brisbane will include the Big Family Ride, a free 10-kilometre bike ride for families with children aged 8 and over. The ride will start and finish at the Brisbane Showgrounds via the Story Bridge, Customs House and the Northern Busways. Every participant will receive a finisher's medal.

This year, there will also be a sprint duathlon taking place, which involves a 1.5-kilometre run,

26-kilometre ride and 5-kilometre run. The event is not only about cycling but also about giving back to the community. Before the Tour de Brisbane, the Cycle of Giving charity event was held to raise awareness about organ and tissue donation and raise funds for transplant research at The Prince Charles Hospital.

Since 2019, the Tour de Brisbane has continued that legacy. This year, the ride is seeking to raise \$70,000 to support close to 1500 hours of life-saving medical research and help people for whom transplant is their only option.

"We are very proud to raise valuable funds for this important local cause to assist with medical research that has an impact around the world," Mr Crawley said. "We urge and encourage our riders to support this worthy by either fundraising as part of their entry or can donate via www.thecommongood.org.au."

Participants can register to ride online and share their fundraising page on social media, via email and with family and friends to support The Common Good.

To learn more visit www.tourdebrisbane.org

Tour de Brisbane
Sunday, 14 April
Brisbane Showgrounds
Gregory Terrace, Bowen Hills.